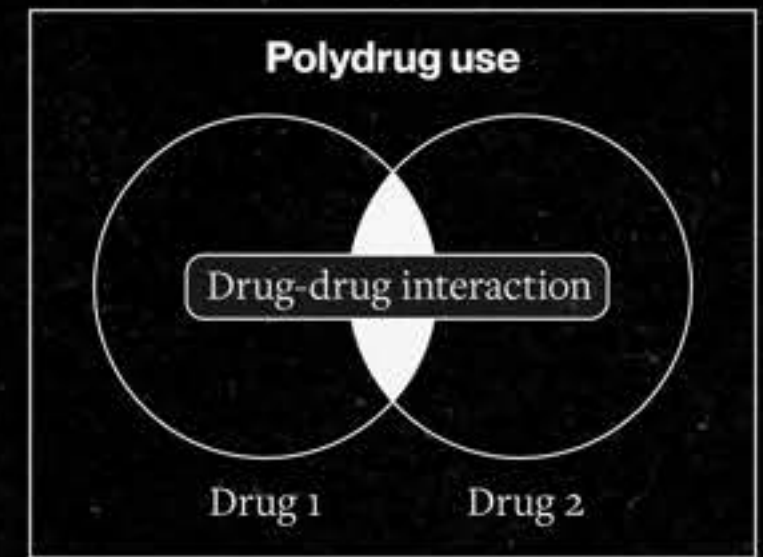


Leave the mixing



“Polydrug use” is a term for the use of more than one drug or type of drug at the same time or one after another in a short period of time.

Both illegal and legal drugs, including prescription ones, can interact with each other and produce unexpected effects. When trying new combinations of substances, it's important to know what to expect before you experiment!

Drug-Drug Interaction (DDI)

When two or more drugs are combined, and they affect each other in some capacity and thus produce a different effect than they would if used independently, it is known as a drug-drug interaction (DDI). The risk of a DDI increases with the number of drugs used. Drug interactions can be of three kinds — additive, synergistic, and antagonistic.

Additive Interaction

This occurs when the result of combining two substances is what you expect when you add together the effect of each drug taken independently. In this chart, it is also referred to as “Low Risk No Amplification,” meaning the two substances produce minimal risk when combined and they do not counteract or intensify the experience of each other.

Synergistic Interaction

This occurs when the result of combining two substances intensifies the effects of each drug compared to when they are taken separately. In this chart, it is also referred to as “Low Risk And Amplification,” meaning the substances produce minimal risk when combined and also heighten the side-effects of each drug.

Antagonistic Interaction

This occurs when the result of combining two substances minimizes the effects of each drug compared to when they are taken separately. In this chart, it is also referred to as “Low Risk And Counteracting,” meaning the substances produce minimal risk when combined and either reduce the effect of each drug, or they cancel out some of their side-effects.

	LSD	Shrooms	DMT	Mescaline	DOx	NBOMe	2C-x	2C-T-x	5-MeO-xxT	Cannabis	Ketamine	MXE	DXM	Nitrous	Meth	MDMA	Cocaine	a-PVP*	4-MMC*	Caffeine	Alcohol	GHB/GBL	Opioids	Tramadol	Benzos	MAOI	SSRIs
LSD																											
Shrooms																											
DMT																											
Mescaline																											
DOx																											
NBOMe																											
2C-x																											
2C-T-x																											
5-MeO-xxT																											
Cannabis																											
Ketamine																											
MXE																											
DXM																											
Nitrous																											
Meth																											
MDMA																											
Cocaine																											
a-PVP*																											
4-MMC*																											
Caffeine																											
Alcohol																											
GHB/GBL																											
Opioids																											
Tramadol																											
Benzos																											
MAOI																											
SSRIs																											

Combination chart adapted from TripSit, accessible at combo.tripsit.me

*a-PVP analogs: All PVP, PHP, PPP, MDPV, pentadron, hexedron, hexen

*4-MMC analogs: methcathinone, ethcathinone, methylone, ethylone, all MMC, CMC, CEC,



WARNING

This chart is only a reference guide, make sure to do your own research and remain cautious!

to the DJ.

Know what to expect

STIMULANTS
SIDE EFFECTS
Euphoria Increased Confidence Rapid Heartbeat Reduced Appetite Sexual Arousal Mood Swings Anxiety Dehydration
EXAMPLE DRUGS
Amphetamines Crystal meth Betel Nut Caffeine Cocaine Khat (Catha edulis) Synthetic cathinones Nicotine

EMPATHOGENS
SIDE EFFECTS
Anxiety Sweating Dehydration Depression Mood Swings Sexual Arousal Connection Understanding Sense of Belonging
EXAMPLE DRUGS
PMA / PMMA Mephedrone MDMA Ethylone

Depending on classification systems, there are 7 to 8 different groups of drugs, with each having a specific set of side-effects on your physical, mental, and emotional state.

DEPRESSANTS
SIDE EFFECTS
Euphoria Disorientation Relaxed inhibition Nausea Mood Swings Lack of Coordination Drowsiness
EXAMPLE DRUGS
Alcohol Valium Prozac Xanax GHB Kava

DISSOCIATIVES
SIDE EFFECTS
Euphoria Floatiness Sense of Safety Hallucinations Disconnection Panic Numbness
EXAMPLE DRUGS
Nitrous Oxide Ketamine Methoxetamine (MXE) Cough Syrup (DXM)

CANNABINOIDS
SIDE EFFECTS
Anxiety Dry Mouth Paranoia Relaxation Excitement Loss of Memory Bloodshot Eyes Lack of Motivation
EXAMPLE DRUGS
Cannabis Medicinal Cannabis Butane Hash Oil Cannabidiol Synthetic Cannabinoids

OPIOIDS
SIDE EFFECTS
Euphoria Relaxation Pain Relief Impaired Concentration Drowsiness Reduced Sex Drive Sweating Constipation
EXAMPLE DRUGS
Buprenorphine Codeine Fentanyl Heroin Methadone Naltrexone Nitazenes Oxycodone Opium

PSYCHEDELICS
SIDE EFFECTS
Euphoria Increased temperature Loss of Coordination Hallucinations Distorted Perceptions Disorganized Thoughts Anxiety Paranoia Panic
EXAMPLE DRUGS
Ayahuasca LSD NBOMe DMT 2C-B Salvia Psilocybin

Before testing out a new substance, make sure you prepare by having a strong understanding of how it might make you feel and act. Not only will this help you better judge whether a specific reaction is a sign to seek help, but being empowered with the knowledge of what to expect will also make your new experience a smoother one.

Then Experiment

Is it Really Ecstasy?



Test it Before You Ingest It.

If you live in NYC, fentanyl test strips and naloxone ("narcan") are available for free from the government at oasas.ny.gov/projectcope.

You can also reach out to local harm reduction orgs like Brooklyn Harm Reduction Outreach Cooperative, VOCAL- NY, and OnPoint NYC amongst others.